

## ISD SPORTS AND ACTIVITIES PROGRAM „AT A GLANCE“ 2011-2012

### Director of Sports and Physical Education

(Frank Tschan)

#### NECIS and ISST (Carsten Stichel)

Program – International  
 Competition – International schools  
 Travel – North Western Europe  
 Fees – €75 - €400, depending on sport  
 Season – 3-4 months  
 Tryouts – Yes  
 Practices\* – 1-2 weekly (see schedule for days/times)  
 Games – 3-5 weekends\*  
 Registration – Yes/per team, online  
 Player pass – No

**\*Combined with Sportverein Teams:  
 Soccer, Basketball, Volleyball**

#### REGISTRATION PROCESS:

Will take place online per team, during season

#### REQUIRED PAPERWORK:

ISD, Medical and Student/Athlete (online)

#### Soccer (Fall)

U-12 Boys / born after 01.09.1999  
 U-14 Boys / born after 01.09.1997  
 JV Boys / born after 01.09.1993  
 Varsity Boys / max. 2 x 19 yr. olds  
 Varsity Girls / Grades 8 - 12

#### Basketball (Winter)

U-12 Boys / born after 01.09.1999  
 U-12 Girls / born after 01.09.1999  
 U-14 Boys / born after 01.09.1997  
 U-14 Girls / born after 01.09.1997  
 JV Boys / born after 01.09.1993  
 JV Girls / born after 01.09.1993  
 Varsity Boys / max. 2 x 19 yr. olds  
 Varsity Girls / max. 2 x 19 yr. olds

#### Volleyball (Fall)

U-12 Girls / born after 01.09.1999  
 U-14 Girls / born after 01.09.1997  
 JV Girls / born after 01.09.1993  
 Varsity Girls / max. 2 x 19 yr. olds  
 Varsity Boys / max. 2 x 19 yr. olds

**Track and Field** - Senior School (Spring)+

**Swimming** – Senior School (Fall)+

**Softball** – Grades 9-12 (Spring)

**Tennis** - Senior School (Spring)+

**Rugby** – Grades 8-12 (Spring)

#### ISD Sportverein e.V. (Frank Tschan)

Program – Local  
 Competition – Local clubs  
 Travel – Düsseldorf  
 Fees – €125 per year / €155 new member  
 Season – 8-10 months  
 Tryouts – Yes  
 Practices\* – 1-2 weekly (see schedule for days/times)  
 Games – 1/week\*  
 Registration – Yes/online, new families see dates  
 Player pass – Yes

**\*Combined with NECIS Teams:  
 Soccer, Basketball, Volleyball**

#### REGISTRATION DATES AND PROCESS:

Will take place online in August/September

New players only: forms collection and assistance - Aug. 22, 23, 24, 25 (fields)

#### REQUIRED PAPERWORK:

ISD and German Association forms (online)

Plus sport-specific paperwork

#### Soccer

born in  
 F-Jugend / 2003-04  
 E-Jugend / 2001-02  
 D-Jugend / 1999-00  
 C-Jugend / 1997-98  
 B-Jugend / 1995-96  
 A-Jugend / 1993-94  
 U-13 Girls / 1999-00  
 U-15 Girls / 1997-98  
 U-17 Girls / 1993-96

#### Basketball

born in  
 U-10 Coed / 2002-03  
 U-12 Boys / 2000-01  
 U-13 Girls / 1999-00  
 U-14 Boys / 1998-99  
 U-15 Girls / 1997-98  
 U-16 Boys / 1996-97  
 U-17 Girls / 1995-96  
 U-18 Boys / 1994-95  
 U-19 Girls / 1993-94

#### Volleyball

born in  
 D-Juniorinnen / 1999-00  
 C-Juniorinnen / 1997-98  
 B-Juniorinnen / 1995-96  
 A-Juniorinnen / 1993-94

#### Sportverein Swimming\*\*\*+

#### Sportverein Swimming

(lessons only) – Reception through Gr. 8

Register with After School Activities

#### After School Activities (Ruth Hunter)

Program – In-school  
 Competition – None  
 Travel – Some local  
 Fees – €60 per year  
 Season – Varies, typically 8-10 months  
 Trial Period – At beginning of school year  
 Instruction – 1/week (see schedule for days/times)  
 Games – None  
 Registration – Yes/required on-site dates, payment only online  
 Player pass – No

#### REGISTRATION DATES AND PROCESS:

September 13, 14 (ES cafeteria, required), payment only online

#### REQUIRED PAPERWORK:

ISD form, medical form

#### Activity

| Activity                         | grades/ages                    |
|----------------------------------|--------------------------------|
| Table Tennis                     | Gr. 6 - 12                     |
| Knitting Club                    | Gr. 3-5                        |
| Hip Hop                          | Gr. 3 - 12                     |
| Ballet (three groups)            | Ages 5 - 18                    |
| Cheerleading                     | Gr. 6 - 8                      |
| Acrobatics                       | Gr. 4 - 12                     |
| Judo (three groups)              | Ages 5 - 18                    |
| Offbeats (small wind/percussion) | Gr. 6 - 12                     |
| Percussion Ensemble              | Gr. 6 - 12                     |
| Mandarin Language                | Gr. 1 - 12                     |
| Basketball                       | Gr. 1 - 9                      |
| Drama Club***                    | TBA                            |
| Spanish Conversation             | Gr. 7 - 8                      |
| Tennis *** +                     | Gr. 3 - 12                     |
| Touch Rugby                      | Gr. 6 - 8                      |
| Mvmt. & Dance (three groups)     | Preparatory, Reception – Gr. 7 |
| Tae Kwon Do                      | Ages 6 - 18                    |
| Soccer Skills                    | Reception - Gr. 2              |
| Soccer for Girls                 | Gr. 3 - 5                      |
| Golf*** +                        | Gr. 1 - 12                     |
| Fitness Training                 | Gr. 9 - 12                     |
| Maths club                       | Gr Junior – Senior             |
| ESL Reading club                 | Gr. 2 - 3                      |
| Breakdance, boys and girls       | Gr. 4-9                        |
| Badminton                        | Gr. 5 - 11                     |

\*\*\*These sports/activities charge additional facility fees  
 + These sports/activities take place off-campus

**Adult Offerings:** The Sportverein also offers men's basketball and adult-mixed volleyball

#### City Championships (Carsten Stichel)

Program – Local  
 Competition – Local schools  
 Travel – Düsseldorf  
 Fees – None  
 Season – Single events  
 Tryouts – No  
 Practices – 1-3 max per event  
 Games – Tournament Format  
 Registration – None  
 Player pass – No

#### REGISTRATION PROCESS:

Will take place per team, during practice

#### REQUIRED PAPERWORK:

None

#### Sport

| Sport            | born in |
|------------------|---------|
| Swimming         | 1990-00 |
| Table Tennis     | 1990-00 |
| Flag Football    | Grade 8 |
| Soccer           | 1990-00 |
| Basketball       | 1990-00 |
| Volleyball       | 1990-00 |
| Floor Hockey     | 1993-00 |
| Track and Field  | 1990-00 |
| Tennis           | 1990-01 |
| Badminton        | 1990-00 |
| Judo             | 1990-98 |
| Chess            | 1990-00 |
| Beach Volleyball | 1993-96 |

*Age ranges will comprise of 1-4 teams*

*All offerings are dependent on schedules and player interest*

# GENERAL INFORMATION 2011-2012

Please refer to the **ISD Sports and Activities Parent Player Handbook** for detailed information regarding program policies and procedures.

## Practice Times:

All NECIS, ISST, Sportverein and After School Activities practice times will be posted by the first week of school. Please check our bulletin boards, sport offices and website for details.

## Sportverein/NECIS/ISST Teams:

Members of ISD sports teams which participate in both Sportverein and NECIS competitions (soccer, basketball, volleyball) are asked to commit to the entire season for both leagues. Playing in just the NECIS or Sportverein season alone will only be permitted under special circumstances.

## Registration:

It is important that all students in our program are properly registered for their selected sport or activity. Failure to submit paperwork and make necessary payments on time could result in your child being ineligible for participation.

## Payment Information:

Payment options: online per credit card or account transfer

NECIS/ASA Payments:

International School of Düsseldorf e.V.

Bank: Commerzbank Account #: 4362000

BLZ #: 30040000

Sportverein Payments: ISD Sportverein e.V.

Bank: Commerzbank Account #: 4312120

BLZ #: 30040000

\*Please note for which department, sport and team your payment is intended (Sportverein U-12 Basketball, NECIS Varsity Soccer, ASA)

## Coaches:

Coaches names and contact information will be available by the first practices.

## Team Managers ("Moms"):

All teams are required to have a volunteer team manager who is responsible for organizing various things throughout a season, for example: drivers, uniforms, phone-list, special events, etc. Your volunteer help will be asked for and is greatly appreciated.

## S.A.A.B.:

The Student-Athlete Advisory Board is a group of senior-school student representatives whose primary functions are to promote sport and activity within the school and act as a communication link between classmates and school personnel. In addition, the S.A.A.B. selects the winners of the annual Sportsmanship Award.

## Adult Teams:

We offer co-ed adult volleyball, men's basketball. Please call our office for details.

## Team Sizes:

Teams and groups will be limited in order to ensure quality participation (player-coach ratio) for all. Not all children will get a place in our teams and activity groups.

## Volunteers:

The high quality with which we run our programs can only be maintained with the help of our parent volunteers. We kindly ask for your continued support in this area and look forward to your contribution.

## Multiple-Sport Athletes:

Being a multiple-sport athlete at ISD requires significant commitment and excellent time-management. Students who choose to participate in multiple sports, either NECIS/ISST, Sportverein or a combination of both, should consider the expectations that will be placed upon them before making this decision, since full dedication will be required for each team/group in which the child participates.

## Player Recognition:

Both the International School of Düsseldorf and the ISD Sportverein e.V. recognize their student/athletes' achievements at various times throughout the year. Honors include: Participation medals or certificates, Coaches Awards, Most-Improved and Most-Valuable Players and Middle-School/High-School Athletes of the Year.

## Changes/Cancellations:

Any changes, cancellations and other important messages will be posted on our bulletin boards, gym/school doors, website, display case, etc. Please check these on a regular basis and note that some changes will come last-minute due to several unavoidable factors.

## Uniforms/Warm-Up Suits:

The ISD Activities Program supplies uniforms to all Sportverein and NECIS team members. We also work closely with a local supplier to obtain additional sport equipment (warm-ups and other sports apparel) at highly reduces prices. All apparel has the same ISD logo and design in order to reflect our unity and spirit. For more information regarding selection and prices, please contact the ISD Lions Club.

## Sportsmanship and Behavior:

Sportsmanship, mutual respect and supportive behavior are the cornerstones of our program's philosophy. This is expected not only of our student-athletes, but our parents, coaches, staff and entire ISD community as well. Please keep this in mind throughout the school year.

## IMPORTANT DATES:

### EVENTS

ISD Soccer, Basketball and Volleyball Camps  
ISD Sports/Activities Info Night  
Full Coaching Staff Meeting  
Fall Practices Begin  
Sportverein Registration - new players only  
First Games of the Season  
After School Activities Trial Period  
After School Activities Registration  
Sportverein Award Ceremony  
NECIS/ISST Award Ceremonies  
Sportverein AGM

### ISST Tournaments

Varsity Girls Soccer  
Varsity Boys Volleyball  
Boys U-18 Rugby

### NECIS Tournaments

U-12/U-14 Boys Soccer  
JV/Varsity Boys Soccer  
U-12/U-14 Girls Volleyball  
JV/Varsity Girls Volleyball  
U-12/U-14 Boys/Girls Basketball  
JV/Varsity Boys/Girls Basketball  
Swimming  
Track and Field  
Tennis  
Co-ed Softball  
Boys U-16/U-19 Rugby  
Varsity Girls Soccer

## CONTACTS:

### TITLE:

Director of Sports and Activities  
Asst. Director of Sports and Activities  
NECIS/ISST Athletic Director  
After School Activities Coordinator  
City Championships Coordinator  
Sportverein Manager  
Sportverein Coordinator – Soccer  
Sportverein Coordinator – Basketball  
Sportverein Coordinator – Volleyball  
Sportverein Coordinator – Swimming  
Sportverein President  
Sportverein Vice-President  
Sports and Activities Admin. Asst.  
(database, registration, payments, housing, camps)  
Lions Club Coordinator

### NAME :

Frank Tschan  
Carsten Stichel  
Carsten Stichel  
Ruth Hunter  
Carsten Stichel  
Frank Tschan  
Carsten Stichel  
Sven Gustmann  
Jessica Fahlbusch  
Birgit Stengel  
Hans Staudinger  
Adriana Blomeyer  
Lisa McCullough  
Lisa McCullough

### PHONE:

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0157-74720201  
0211-7308030  
0172-2176783  
0211-2007727  
0177-7789689  
0211-7308030  
0172-2176783  
02137-9374137  
0179-4728254  
0221-9460617  
0160-99731860  
0176-21149245  
02159-697390  
0172-1486513  
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### E-MAIL:

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adrianablomeyer@hotmail.com  
mccullough@isdedu.de  
boosterclub@isdedu.de

NECIS/ISST/ASA Fax 0211-4080774  
Sportverein Fax 0211-2007728

ISD School Website  
ISD Sports and Activities Website

www.isdedu.de  
www.isdlions.de

School Address Niederrheinstraße 336, 40489 Düsseldorf  
Fields Address Nagelsweg 115a, 40474 Düsseldorf

### DAY/DATE

August 8-12  
August 18–all families  
August 20  
August 22/23 (see schedules)  
Aug. 22, 23, 24, 25  
End Aug./Start Sept.  
Aug. 29 – Sept. 10  
Sept. 13, 14  
May/June (TBA)  
Seasonal (TBA)  
May/June (TBA)

November 9th –12th  
November 9th –12th  
March 7th - 10th

November 10th – 12th  
November 9th – 12th  
November 10th – 12th  
November 9th – 12th  
March 1st – 4th  
March 8th – 11th  
March 22nd – March 25th  
June 1st – 2nd  
May 24th – 26th  
May 24th – 26th  
May 24th – 26th  
May 24th – 26th

### LOCATION/TIME

ISD Fields/Gyms  
Dahms Theatre -19:00  
Dahms Theatre – 10:30  
ISD Fields/ISD Gyms  
ISD Fields - 16:00 – 18:00  
(see schedules)  
(see schedules)  
16:00 – 17:30/ES Cafeteria  
ISD Main Gym - 16:00  
ISD Commons Room  
Sportverein Clubhouse, 16:30

Düsseldorf, Germany  
Vienna, Austria  
London, England

The Hague, The Netherlands  
Amsterdam, The Netherlands  
The Hague, The Netherlands  
Amsterdam, The Netherlands  
Rotterdam, The Netherlands  
Antwerp, Belgium  
Stavangar, Norway  
Düsseldorf, Germany  
Hamburg, Germany  
Bonn, Germany  
Luxemburg, Luxemburg  
Luxemburg, Luxemburg